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### WHAT IS IT?

### WHAT DOES IT DO?

Many have asked these questions.

It is an incorporated institute organized on the basis of a self-sustaining philanthropy for the following purposes:

To maintain a central clearing house of information regarding personal hygiene and how to live.

To insure scientific accuracy and up-to-dateness in its work by enlisting the cooperation of a board of 100 men eminent in medical science and educational work.

To arrange periodic physical examinations in any part of the United States and Canada for groups (insurance policyholders, employees, etc.) and for individual subscribers so that knowledge of personal hygiene and how to live may be applied with accuracy according to special needs.

To maintain an educational service, conveying to its members the latest information on such subjects after due consideration by the Hygiene Reference Board.

Information regarding terms of membership will be furnished on application.

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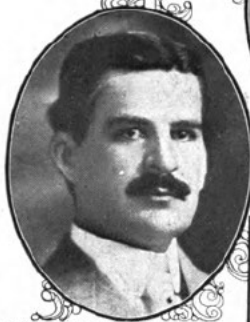
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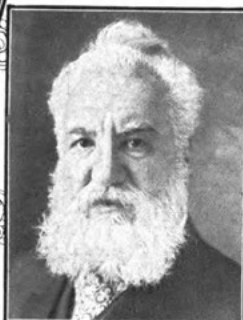
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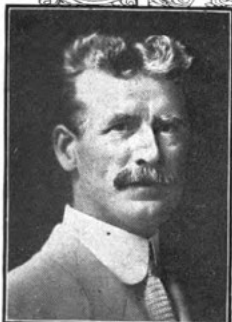
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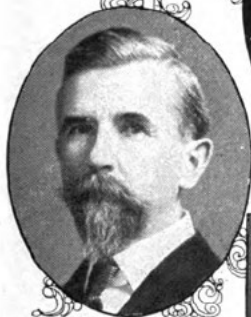


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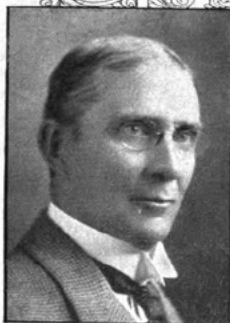


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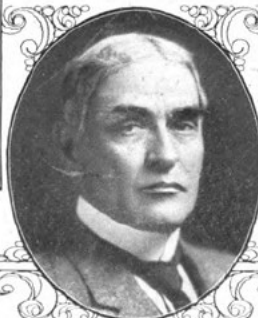
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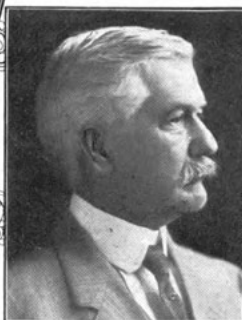
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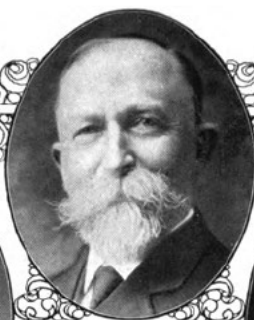
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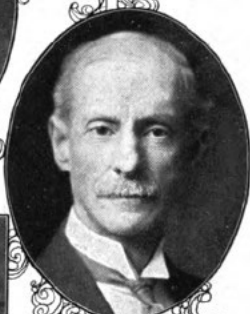
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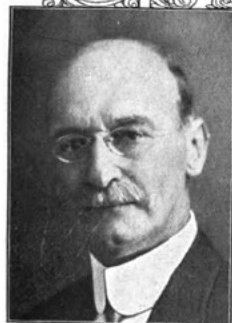
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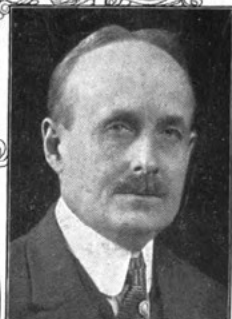
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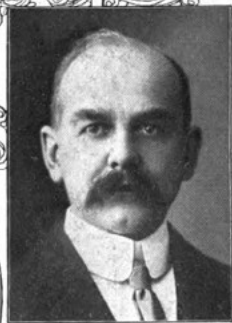
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